

San Ysidro School District EST - 1887

QUALITY EDUCATION AND OPPORTUNITY FOR ALL STUDENTS TO SUCCEED

District Highlights

Superintendent - Gina Potter, Ed.D. Week of January 19, 2024



SUPERINTENDENT

Gina Potter, Ed.D.

FENTANYL AWARENESS COMMUNITY EVENT AT SAN YSIDRO MIDDLE SCHOOL PRESENTED BY THE SAN DIEGO DISTRICT ATTORNEY'S OFFICE

The San Diego County District Attorney's Office, in collaboration with our San Ysidro School District, hosted a community event that featured a powerful, comprehensive presentation to educate the public, reduce fentanyl overdoses and save lives. The event included advice from our District Attorney, Summer Stephan, medical experts from San Diego County, drug prevention, treatment information, and the distribution of free Narcan. The goal of the event was to raise awareness on the dangers of street fentanyl and to provide resources to our families.



Attendees had the honor of listening to our District Attorney, Summer Stephan, who spoke about how lethal fentanyl can be and what its statistics indicate. Deputy Chief Population Health Officer for the County of San Diego Behavioral Health Services, Dr. Jessica Kattan, talked about substance addiction and behavioral health prevention. Chief of the Major Narcotics Division of the San Diego County District Attorney's Office, James Fontaine, discussed how drug dealers operate using social media to sell fentanyl, and their strategies to engage teenagers and children. San Diego Police Officer Carlos Edington gave the SDPD's perspective on Fentanyl related issues.

"A New Path" Certified Alcohol and Drug Addiction Counselor, Elon Burns also spoke about how fentanyl is not exclusive to certain societies or socioeconomic or cultural backgrounds. He shared how anyone can be exposed to this drug and everyone should have access to education and Narcan to save lives.

















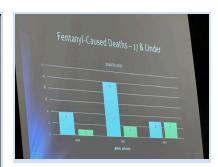


Below you will find the various media links to the Fentanyl Awareness Community Event at San Ysidro Middle School presented by San Diego County District Attorney Summer Stephan and her team.

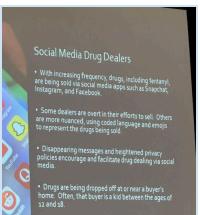
- NBC 7 San Diego: San Diego DA hosts Community Forum about Dangers of Fentanyl in San Ysidro: https://www.nbcsandiego.com/videos/san-diego-da-hosts-community-forum-about-dangers-of-fentanyl-in-san-ysidro/3408005/
- CBS 8 San Diego: Educational Fentanyl Forum Geared towards Families held in San Ysidro: https://www.cbs8.com/article/news/local/educational-fentanyl-forum-san-ysidro/509-23c8
 - https://www.cbs8.com/article/news/local/educational-fentanyl-forum-san-ysidro/509-23c8c5f7-2a89-47d1-aaab-8981c3853403
- The San Dlego Union Tribune: Learn how to Reduce Fentanyl Overdoes at Community Event in San Ysidro:
 https://www.sandiegouniontribune.com/news/public-safety/story/2024-01-16/learn-how-to-reduce-fentanyl-overdoses-at-community-event-in-san-ysidro
- Telemundo 20 San Diego: Padres de Familia Reciben Medidas de Prevención sobre el Fentanilo en San Diego: https://www.telemundo20.com/videos/video-noticias/padres-de-familia-reciben-medidas-de-prevencion-sobre-el-fentanilo-en-san-diego/2356130/



















What can you do?

- Never assume this can't happen to you.
- Talk early and talk often with your kids.
- Formulate an "escape plan" for your son and daughter.
- Have naloxone/Narcan available at home.

Talking to Youth/ Talk Early Talk Often

- Show concern rather than anger.
- Ask open-ended questions.
- Work to understand your child's point of view.
- Establish a rescue plan.

Monitor Social Media

- Talk to them about what they are seeing and posting.
- Take note of social media sites your child visits.
- Keep track of passwords and usernames.
- Set limits on the amount of time they are online.

Be Aware, Show Concern

 Sport the signs: shifts in mood and personality, behavioral changes, hygiene and appearance, physical health. How to Look and Where to Look

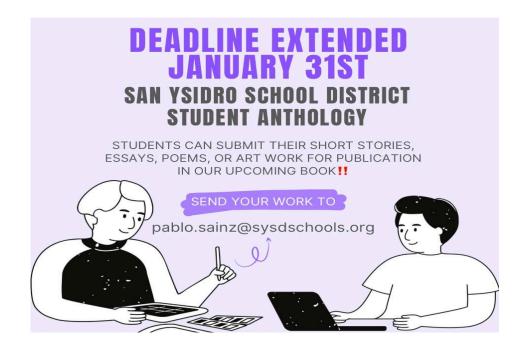
- Use your nose.
- Look them in the eyes.
- Watch behavior.
- Search spaces for safety concerns.

Where can you go for help?

- For screening referrals or more information about substance abuse disorders treatment services call: Access and Crisis line at 888-724-7240 (TTY 711)
- For naloxone distribution locations contact 211 or visit your local public health center.

SAN YSIDRO SCHOOL DISTRICT STUDENT LITERARY ANTHOLOGY

San Ysidro School District students have begun to share their beautiful writings with us! The Student Literary Anthology is a book in the works that will feature our talented students' writing and art work. It is intended to highlight our students' creativity and love for storytelling. Another one of the goals of this project is to show students that their stories are valuable and important as individuals and in a society. A very special thank you to Pablo Sainz for leading this wonderful effort to reignite the publishing of student writing and art work in our district! The deadline for students to submit their work has been extended to January 31st.





Artwork by: Denali Sotelo, 8th grader at SYMS

The Moon

Kylie Escobal 6 th grade Vista Del Mar Middle School Ms. Isensee

The breeze is almost cooling when at ease. Its soft glow rays along a river. In the distance the Moon shines through the trees: Giving us light through the night.

UPCOMING DATES

EVENT	DATE/TIME	WHO
Lincoln Day - Legal Holiday	Friday, February 16th, 2024	All Schools Closed
Washington Day - Legal Holiday	Monday, February 19th, 2024	All Schools Closed
Spring Break	Monday, March 18th- Friday, March 29th, 2024.	All Schools Closed
Cesar Chavez - Observed and Local Holidays	Thursday, March 28th and Friday, March 29th	All Schools Closed

SAN YSIDRO SCHOOL DISTRICT SPRING 2024 OPEN HOUSE SCHEDULE



Vista Del Mar Middle School	Thursday, February 1, 2024	4:00-4:25 p.m. Administration Presentation MPR 4:30-5:30 p.m. 6th, 7th & 8th grade classroom visits
Ocean View Hills Elementary OVH Preschool	Thursday, February 15, 2024 3:15-5:15 p.m. Preschool 3:15-5:15	3:15-3:45 p.m. Principal's Message 3:45-4:15 p.m. Resource Fair 4:15-5:15 p.m. Classroom Visits 5:00 p.m. Carnival at the Park

San Ysidro Middle School	Wednesday, February 28, 2024 4:00-8:00 p.m.	4:00-4:30 p.m. Administration Presentation 4:30-6:30 p.m. Career Day & Classroom Visits
Willow Elementary	Wednesday, February 28, 2024	4:00-4:30 p.m. Administration Presentation 4:30-6:30 p.m Classroom Visits
Sunset Elementary Sunset Preschool	Thursday, February 29, 2024 3:15-5:15 p.m. 4:00-6:00 pm Preschool 3:30-5:30 p.m.	3:15-5:15 p.m. Administration Presentation will be first and then Classroom visits
La Mirada Elementary School	February 29, 2024	3:30-5:00 p.m.
Smythe's Preschool & Child Development Center (CDC)	Wednesday, Feb 21	3:30-5:30pm
Smythe Elementary	Tuesday, Feb 27th	3:30-5:30 p.m.

ASSISTANT SUPERINTENDENT EMAIL REGARDING SCHOOL GUIDANCE TO MITIGATE THE SPREAD OF COMMUNICABLE DISEASES (DATED 1-8-24)

COVID-19 GUIDANCE

Last week, the California Department of Public Health (CDPH) announced a change to its COVID-19 testing and isolation guidance. Instead of isolation, the CDPH will now focus on a symptom-based approach outlined in the table below. The most impactful change relates to student and staff isolation. Students and staff are no longer required to remain at home during a COVID-19 episode.

	STUDENTS	STAFF
RETURN AND MEDICAL CLEARANCE	 Students may return to school if: ✓ Their symptoms are mild and improving; and ✓ Have not had a fever for 24 hours Additionally, students with COVID-19 with no symptoms may remain at school. 	 Staff may return to school if: ✓ Their symptoms are mild and improving; and ✓ Have not had a fever for 24 hours Additionally, staff with COVID-19 with no symptoms may remain at work.
MASKING	Students returning to school after COVID-19 are encouraged to wear a face covering <i>indoors</i> .	Staff who test positive for COVID-19 must wear a face covering <i>indoors</i> for ten days (including weekends). The ten-day count begins when symptoms begin or a positive test result. Staff may remove their mask sooner than ten days if they have two sequential negative tests at least one day apart. Note: The ten-day count does not necessarily begin on the return to work date.
TESTING	It is optional for school districts to use testing with students or for student activities.	 CDPH no longer recommends testing for all close contacts and instead <i>recommends</i> testing only for: All people with new COVID-19 symptoms. Close contacts who are at higher risk of severe disease or who have contact with people who are at higher risk of severe disease. Note: The District provides COVID-19 tests to schools upon request.
DECISION TREE	Additionally, the San Diego County Off	fice of Education has not updated the K-12 Decision Tree.

18 de enero, 2024

Queridas familias y personal académico,

El Departamento de Salud Pública de California (CDPH) anunció un cambio a su guía escolar para el control de enfermedades transmisibles, en este caso sobre el aislamiento y pruebas en relación al COVID-19.

Ahora en lugar de practicar el aislamiento, el Depto. de Salud Pública se enfocará en medidas sanitarias en base a los síntomas presentes. Para más información, visite los enlaces:

- COVID-19 Isolation Guidance
- COVID-19 Testing Guidance
- State Public Health Officer Order

 <u>SDCOE COVID-19 Decision Tree</u>, o bien, comuníquese con nuestro Asistente a la Superintendenta, Jose Iniguez, al correo electrónico <u>jose.iniguez@sysdschool.org</u> o al teléfono: (619)428-4476 x3065.

	ESTUDIANTES
RETURN AND MEDICAL CLEARANCE	Estudiantes podrán regresar a clase si: Sus síntomas son menores o se están aminorando y no han presentado fiebre en un periodo de 24 horas. Los alumnos que presenten COVID-19 asintomático pueden asistir a clases.
MASKING	Se recomienda a los estudiantes que se han recuperado de COVID-19, utilizar el cubreboca en los espacios al interior al regresar a clase.
TESTING	Es opcional para los distritos escolares realizar pruebas COVID-19 a los estudiantes rutinarias o para realizar ciertas actividades estudiantiles.
DECISION TREE	La Oficina de Educación del Condado de San Diego aún no actualiza las medidas sanitarias para los grados K-12 K-12 Decision Tree

EQUITY CONFERENCE 2024

On Thursday, January 18th-19th, a group of San Ysidro educational leaders attended the annual San Diego County Office of Education's statewide <u>Equity Conference</u>. This Equity Conference is a valuable time for districts to collaborate and learn together on how to engage effective, systemic change.

It brings together nationally recognized speakers and spotlights current research and best practices. The Equity Conference sessions are focused on strengthening our systems to better respond to the linguistic, cultural, social-emotional, and mental health needs of all students, and create the conditions for them to thrive and make healthy choices.

The purpose of coming together is to create a renewed sense of purpose for transforming our individual and collective equity work and create places of exceptional vision, hope, and opportunity for all. [Source: San Diego County Office of Education website]















ENGLISH AS A SECOND LANGUAGE (ESL) CLASSES FOR PARENTS

Parent English Learners classes will be offered during the Spring 2024 semester by Southwestern Community College. Please see the flier below that will be sent out to the community. The registration process has begun and registration assistance will be provided by Southwestern Community College in the Chula Vista and San Ysidro campuses. Our Communications Specialist Cristina Inzuzna will also be helping parents who come to the district office.



DELAC MEETING CALENDAR CALENDARIO DE JUNTAS DE DELAC 2023- 2024

9:00 A.M. - 10:00 A.M.

DISTRICT CONTACT / CONTACTOS EN EL DISTRITO: (619) 428-4476 MARIA C. RODRIGUEZ X3070 – MARTA RODRIGUEZ X3082

MEETING - LOCATION	DATE
JUNTA - LUGAR	FECHA
DELAC - SYSD PARENT CENTER	SEPTEMBER 13, 2023
DELAC – SYSD CENTRO DE PADRES	13 DE SEPTIEMBRE DEL 2023
DELAC - EDUCATIONAL SERVICES CONFERENCE ROOM DELAC -	OCTOBER 11, 2023
SALÓN DE CONFERENCIAS SERVICIOS EDUCACIONALES	11 DE OCTUBRE DEL 2023
DELAC - SYSD BOARD ROOM	NOVEMBER 8, 2023
DELAC – SYSD SALÓN DE JUNTAS	8 DE NOVIEMBRE DEL 2023
DELAC - EDUCATIONAL SERVICES CONFERENCE ROOM DELAC -	DECEMBER 13, 2023
SALÓN DE CONFERENCIAS SERVICIOS EDUCACIONALES	13 DE DICIEMBRE 2023
DELAC- SYSD BOARD ROOM	JANUARY 17, 2024
DELAC- SYSD SALÓN DE JUNTAS	17 DE ENERO DEL 2024
DELAC- SYSD BOARD ROOM	FEBRUARY 15, 2024
DELAC- SYSD SALÓN DE JUNTAS	15 DE FEBRERO DEL 2024
DELAC - SYSD BOARD ROOM	MARCH 13, 2024
DELAC – SYSD SALÓN DE JUNTAS	13 DE MARZO DEL 2024
DELAC- SYSD BOARD ROOM	APRIL 9, 2024
DELAC- SYSD SALÓN DE JUNTAS	9 DE ABRIL DEL 2024
DELAC - SYSD BOARD ROOM	MAY 9, 2024
DELAC – SYSD SALÓN DE JUNTAS	9 DE MAYO 2024

DISTRICT JOB OPENINGS



Please click on the link to access our current district job openings: https://www.edjoin.org/Home/Jobs?countyID=37&districtID=650