

**SAN YSIDRO COMMUNITY  
FAMILY RESOURCES/RECURSOS FAMILIARES**

**COUNSELING/HEALTH SERVICES (Servicios de Consejería y Salud)**

- **San Ysidro Health Center (Centro de Salud de San Ysidro)**, 4004 Beyer Blvd., San Ysidro, CA 92173 (619) 662-4199
- **San Ysidro Mental Health Center**, 4032 Beyer Blvd, San Ysidro, CA 92173, (619) 428-5533
- **Children's Hospital**, South Bay Home Support, (619) 420-5611
- **Healthy Families (Seguro Médico de bajo costo)**, 1-800-880-5305
- **Casa Familiar**, 119 W Hall Avenue, San Ysidro, CA 92173 (619) 428-1115
- **South Bay Community Services ( Servicios para la comunidad)**, 430 F Street, Chula Vista, CA (619) 420-3620
- **San Ysidro School District's Family Resources Center (Centro de recursos familiar)**, Willow Elementary, 226 Willow Road, San Ysidro, CA 92173, (619) 428-4476 ext. 3785

**EMERGENCY SERVICES (Servicios de emergencia)**

- **MAAC Project – Food/Shelter/Clothing/Utilities (Comida/Refugio/Ropa)**, 663 E. San Ysidro Blvd., San Ysidro, CA 92173, (619) 428-1139
- **South Bay Community Services ( Servicios para la comunidad)**, 430 F Street, Chula Vista, CA (619) 420-3620

**EMPLOYMENT SERVICES (Servicios para buscar empleo)**

- **Casa Familiar / Job Development Services**, 268 W. Park Avenue, San Ysidro, CA 92173, (619) 428-1115
- **South Bay Career Center**, 1111 Bay Blvd, Suite E, Chula Vista, CA 91911 (619) 628-0300

\_\_\_\_\_  
PARENT NAME (Nombre del padre de familia)

\_\_\_\_\_  
PHONE NUMBER (Numero de teléfono)

Do you have any other children of the age of three (3)?  
(¿Tiene hijos menores de 3 años de edad?)

Yes (Si) \_\_\_\_\_ No \_\_\_\_\_

If yes, what ages? (Si tienes, ¿de qué edad son?)

\_\_\_\_\_

Do you have health insurance for your children?  
(¿Tienes seguro médico para sus hijos?)

Yes (Si) \_\_\_\_\_ No\* \_\_\_\_\_

*\*We will forward your information to someone who can help you apply for health insurance (Se referirá su información a alguien que le ayudara a solicitar seguro médico.)*

**I HAVE RECEIVED A COPY OF THE SAN YSIDRO COMMUNITY RESOURCE LIST AND:**

*(He recibido una copia de la lista de Recursos Familiares disponibles en la comunidad y:)*

\_\_\_\_\_ I would like additional information / referral for the following services *(Deseo más información sobre la siguientes servicios):*

\_\_\_\_\_

\_\_\_\_\_ I do not need additional information and/or referrals *(No necesito información adicional).*

\_\_\_\_\_  
Parent/Guardian Signature (Firma del padre/tutor)

\_\_\_\_\_  
Date (Fecha)

## **RECOVERY SERVICES (Servicios de rehabilitación)**

- **South Bay Regional Recovery Center**, 1180 Third Avenue, C3, Chula, Vista, CA 91910, (619) 691-8464
- **New Life Outreach**, 3735 Sunset Lane, San Ysidro, CA 92173 (619) 569-1585
- **Alcoholics Anonymous (AA)**, (619) 265-8762
- **Narcotics Anonymous (NA)**, (619) 584-1007

## **FINANCIAL ASSISTANCE (Asistencia Financiera)**

- **San Diego Department of Health Services (CalWorks, Medi-Cal & Food Stamps)**, 1-800-675-2229
- **American Red Cross WIC Program**, 1-800-500-6411
- **SDSU WIC Program**, 1-888-999-6897

## **EDUCATIONAL SERVICES (Centros de Educación)**

- **San Diego Library – San Ysidro Branch**, 4235 Beyer Blvd, San Ysidro, CA 92173 (619) 424-0475
- **San Ysidro Adult Education Center**, 4220 Otay Mesa Road, San Ysidro, CA 92173, (619) 662-4026
- **Southwestern Community College Educational Center at San Ysidro**, 460 W. San Ysidro Blvd, San Ysidro, CA (619) 690-6083

## **RECREATIONAL SERVICES (Servicios de recreación)**

- **Border View YMCA**, 3085 Beyer Blvd, Suite A-103, San Diego, CA 92154 (619) 428-1168
- **Cesar Chavez Community Center – Larsen Field Park**, 455 Sycamore, Road, San Ysidro, CA 92173 (619) 424-0464

## **GOVERNMENT SERVICES (Servicios gubernamentales)**

- **City of San Diego / Otay Mesa / Nestor - Community Service Center**, 695 Saturn Blvd, Ste. E, San Diego, CA 92154, (619) 424-0220 [www.sandiego.gov](http://www.sandiego.gov)
- **San Diego Police Department – Southern Division**, 1120–27<sup>th</sup> St., San Diego, CA 92154 (619) 424-0400
- **Border Transportation Council**, 633 E. San Ysidro Blvd, San Ysidro, CA 92173 (619) 428-1281