

# COVID Safety Training Videos & Step-By-Step Directions

- Kaiser Mask Guidance  
<https://healthy.kaiserpermanente.org/southern-california/health-wellness/coronavirus-information/prevention-treatment-caregiving>
- Hand Washing <https://www.procoronavirus.com/training/video/hand-washing-corona>
- Hand Sanitizer <https://www.procoronavirus.com/training/video/hand-gels>
- Gloves <https://www.procoronavirus.com/training/video/using-gloves-corona>
- Cleaning a Surface <https://www.procoronavirus.com/training/video/cleaning-a-surface>
- Physical Distancing  
[https://docs.google.com/document/d/e/2PACX-1vOO0pKRgGIRLBxWg2wgxO7ThugLrllldUR2Pos2a8h1YC5tcq26G\\_pvlsLiITB6OVs4aCW6F9Clilz/pub](https://docs.google.com/document/d/e/2PACX-1vOO0pKRgGIRLBxWg2wgxO7ThugLrllldUR2Pos2a8h1YC5tcq26G_pvlsLiITB6OVs4aCW6F9Clilz/pub)
- Social Distancing Song for Children <https://www.youtube.com/watch?v=3nQgTywKmvQ>
- How to Setup an IR 988 Infrared Thermometer <https://www.youtube.com/watch?v=fgN6H7Pm46U>
- How to use an Infrared Thermometer <https://www.youtube.com/watch?v=Lwopnj3UWac>
- How to Wash Your Hands
  - English <https://www.cdc.gov/handwashing/pdf/wash-your-hands-poster-english-508.pdf>
  - Spanish <https://www.cdc.gov/handwashing/pdf/wash-your-hands-poster-spanish-508.pdf>
- How to Properly Wear A Mask (English & Spanish)  
<https://docs.google.com/document/d/e/2PACX-1vTbSZ-0xuKGmUpXdBpiTYjgDTT-O-Mw5a3Xb9p4AUFerA73kA7eP3HCG4ecDfZqddkEf2rXxWVJAdZT/pub>