

San Ysidro Middle School

Bell Schedules 2025-2026



Bell Schedule: Regular Day

Period 1	8:00 am – 8:52 am	(52)
Period 2	8:56 am – 9:48 am	(52)
Period 3	9:52 am – 10:44 am	(52)
Period 4	10:48 am – 11:40 am	(52)
Lunch (7th)	11:40 am -12:25 pm	(45)
Period 5 (8 th)	11:44 am – 12:37 pm	(53)
Lunch (8th)	12:37 pm – 1:22 pm	(45)
Period 5 (7 th)	12:29 pm – 1:22 pm	(53)
Period 6	1:26 pm – 2:19 pm	(53)

Instructional Minutes = 334 min (314 min+ 20 min)

Bell Schedule: Regular Rainy Day

Period 1	8:00 am – 8:55 am	(55)
Period 2	8:59 am – 9:54 am	(55)
Period 3	9:58 am – 10:53 am	(55)
Period 4	10:57 am – 11:52 am	(56)
Lunch (7th)	11:52 am – 12:22 pm	(30)
Period 5 (8 th)	11:56 am – 12:51 pm	(55)
Lunch (8th)	12:51 pm – 1:21 pm	(30)
Period 5 (7 th)	12:26 pm – 1:21 pm	(55)
Period 6	1:25 pm – 2:19 pm	(54)

Instructional Minutes = 349 min (329 min + 20 min)

Bell Schedule: Minimum Day

Period 1	8:00 am – 8:37 am	(37)
Period 2	8:41 am – 9:18 am	(37)
Period 3	9:22 am – 09:59 am	(37)
Period 4	10:03 am – 10:40 am	(37)
Lunch (7th)	10:40 am – 11:25am	(45)
Period 5 (8 th)	10:44am – 11: 20am	(36)
Lunch (8th)	11:20 am – 12:05 pm	(45)
Period 5(7 th)	11:29 am – 12:05 pm	(36)
Period 6	12:09 pm – 12:45 pm	(36)

Instructional Minutes = 240 min (220 min +20 min)

Bell Schedule: Minimum Rainy Day

Period 1	8:00 am – 8:40 am	(40)
Period 2	8:44 am – 9:24 am	(40)
Period 3	9:28 am – 10:08am	(40)
Period 4	10:12 am – 10:52am	(40)
Lunch (7th)	10:52 am – 11:22am	(30)
Period 5 (8 th)	10:56 am – 11:34am	(38)
Lunch (8th)	11:34 am – 12:04pm	(30)
Period 5 (7 th)	11:26 am – 12:04 pm	(38)
Period 6	12:08 pm – 12:45 pm	(37)

Instructional Minutes = 255 min (235 min + 20 min)

Teacher Day: Begins - 7:45 am Ends - 3:00 pm